
 Nutritional Information	Gram Weight (g)	Calories (kcal)	Calories from Fat (kcal)	Fat (g)	% DV Fat	Saturated Fat (g)	% DV Saturated Fat	Trans Fat (g)	Cholesterol (mg)	% DV Cholesterol	Sodium (mg)	% DV Sodium	Carbohydrates (g)	% DV Carbohydrates	Dietary Fiber (g)	% DV Dietary Fiber	Total Sugars (g)	Protein (g)	% DV Vitamin A	% DV Calcium	% DV Vitamin C	% DV Iron				
Hand-Scooped Frozen Yogurt																						Information On Daily Values Is Rounded According to FDA Guideline				
Butter Pecan Child	57	120	50	6	9%	2	9%	0	10	3%	60	3%	14	5%	0	0%	9	3	2%	10%	2%	0%				
Butter Pecan Junior	85	180	80	9	13%	3	14%	0	15	4%	90	4%	21	7%	1	2%	14	4	2%	15%	2%	0%				
Butter Pecan Small	114	240	100	12	18%	3.5	19%	0	15	6%	120	5%	28	9%	1	3%	19	6	4%	20%	2%	0%				
Butter Pecan Medium	170	360	160	17	27%	6	28%	0	25	9%	180	8%	42	14%	1	5%	29	8	4%	25%	4%	0%				
Butter Pecan Large	227	470	210	23	36%	7	37%	0	35	11%	240	10%	56	19%	2	6%	38	11	6%	35%	4%	2%				
Chocolate Chocolate Child	57	90	25	2.5	4%	1.5	8%	0	10	3%	45	2%	15	5%	1	2%	11	3	2%	10%	2%	4%				
Chocolate Chocolate Junior	85	140	35	4	6%	2.5	13%	0	15	4%	70	3%	22	7%	1	3%	16	4	2%	15%	2%	6%				
Chocolate Chocolate Small	114	190	45	5	8%	3.5	17%	0	15	6%	95	4%	30	10%	1	4%	22	6	4%	20%	4%	8%				
Chocolate Chocolate Medium	170	280	70	8	12%	5	25%	0	25	8%	140	6%	45	15%	2	7%	33	9	6%	30%	6%	10%				
Chocolate Chocolate Large	227	380	90	10	16%	7	34%	0	35	11%	190	8%	60	20%	2	9%	44	11	6%	40%	8%	15%				
Chocolate Chunk Cookie Dough Child	57	120	40	4.5	7%	2.5	12%	0	10	3%	60	3%	18	6%	0	0%	13	2	2%	8%	2%	0%				
Chocolate Chunk Cookie Dough Junior	85	180	60	7	10%	3.5	18%	0.5	15	5%	95	4%	28	9%	0	0%	20	3	4%	10%	2%	2%				
Chocolate Chunk Cookie Dough Small	114	240	80	9	14%	5	24%	0.5	20	6%	125	5%	37	12%	0	0%	26	4	6%	15%	2%	2%				
Chocolate Chunk Cookie Dough Medium	170	360	120	13	20%	7	36%	1	30	10%	190	8%	55	18%	1	3%	39	7	8%	25%	4%	2%				
Chocolate Chunk Cookie Dough Large	227	490	160	18	27%	10	48%	1.5	40	13%	250	10%	74	25%	1	3%	53	9	10%	30%	4%	4%				
Mint Chocolate Chunk Child	57	110	35	4	6%	3	15%	0	10	3%	50	2%	16	5%	0	0%	13	2	2%	8%	2%	0%				
Mint Chocolate Chunk Junior	85	160	60	6	9%	4.5	23%	0	15	4%	70	3%	25	8%	1	2%	19	3	2%	10%	2%	2%				
Mint Chocolate Chunk Small	114	220	70	8	13%	6	30%	0	20	6%	95	4%	33	11%	1	3%	26	4	4%	15%	2%	2%				
Mint Chocolate Chunk Medium	170	330	110	12	19%	9	45%	0	25	9%	140	6%	49	16%	1	5%	38	7	6%	25%	4%	2%				
Mint Chocolate Chunk Large	227	440	150	16	25%	12	60%	0	35	12%	190	8%	66	22%	2	6%	51	9	8%	35%	6%	4%				
Cookies & Cream Child	57	110	30	3.5	5%	2	9%	0	10	3%	40	2%	17	6%	0	0%	11	3	2%	10%	2%	0%				
Cookies & Cream Junior	85	160	45	5	8%	2.5	13%	0.5	15	4%	60	3%	25	8%	0	0%	17	4	2%	15%	2%	0%				
Cookies & Cream Small	114	210	60	7	10%	3.5	18%	0.5	15	6%	80	3%	33	11%	0	0%	22	5	4%	20%	2%	2%				
Cookies & Cream Medium	170	320	90	10	15%	5	26%	1	25	9%	125	5%	50	17%	1	3%	34	8	6%	30%	4%	2%				
Cookies & Cream Large	227	420	120	13	20%	7	35%	1.5	35	11%	160	7%	67	22%	1	4%	45	10	6%	35%	4%	2%				
Cotton Candy Child	57	90	25	2.5	4%	1.5	8%	0	10	3%	45	2%	15	5%	0	0%	10	3	2%	10%	2%	0%				
Cotton Candy Junior	85	140	35	4	6%	2.5	13%	0	15	5%	70	3%	22	7%	0	0%	15	4	2%	15%	2%	0%				
Cotton Candy Small	114	180	45	5	8%	3.5	17%	0	20	6%	90	4%	29	10%	0	0%	20	5	4%	20%	2%	0%				
Cotton Candy Medium	170	270	70	8	12%	5	25%	0	30	9%	135	6%	44	15%	0	0%	30	8	6%	30%	4%	0%				
Cotton Candy Large	227	370	90	10	16%	7	34%	0	40	13%	180	8%	58	19%	0	0%	40	10	8%	40%	6%	0%				

Serving sizes based on standard store procedures. Variations may occur at individual stores. Products manufactured on equipment that processes tree nuts and peanuts.

 Nutritional Information	Gram Weight (g)	Calories (kcal)	Calories from Fat (kcal)	Fat (g)	% DV Fat	Saturated Fat (g)	% DV Saturated Fat	Trans Fat (g)	Cholesterol (mg)	% DV Cholesterol	Sodium (mg)	% DV Sodium	Carbohydrates (g)	% DV Carbohydrates	Dietary Fiber (g)	% DV Dietary Fiber	Total Sugars (g)	Protein (g)	% DV Vitamin A	% DV Calcium	% DV Vitamin C	% DV Iron
Hand-Scooped Frozen Yogurt																						
Information On Daily Values Is Rounded According to FDA Guideline																						
Mocha Almond Child	57	110	35	4	6%	1.5	8%	0	10	3%	85	3%	17	6%	1	2%	12	3	2%	8%	2%	0%
Mocha Almond Junior	85	170	50	6	9%	2.5	11%	0	10	4%	125	5%	25	8%	1	4%	18	4	2%	15%	2%	0%
Mocha Almond Small	114	230	70	8	12%	3	15%	0	15	5%	170	7%	33	11%	1	5%	24	6	2%	15%	2%	0%
Mocha Almond Medium	170	340	110	12	18%	4.5	23%	0	25	8%	250	10%	50	17%	2	7%	36	9	4%	25%	4%	0%
Mocha Almond Large	227	450	140	16	24%	6	30%	0	30	10%	330	14%	67	22%	2	9%	48	12	6%	35%	4%	2%
NSA Chocolate Chocolate Swirl Child	57	70	5	0	0%	0	0%	0	0	0%	55	2%	16	5%	4	17%	4	3	0%	10%	2%	4%
NSA Chocolate Chocolate Swirl Junior	85	100	5	0.5	1%	0	0%	0	0	0%	80	3%	24	8%	6	25%	6	5	0%	15%	2%	6%
NSA Chocolate Chocolate Swirl Small	114	130	5	0.5	1%	0.5	3%	0	0	0%	105	4%	32	11%	8	34%	8	6	0%	20%	4%	8%
NSA Chocolate Chocolate Swirl Medium	170	200	10	1	2%	1	4%	0	0	0%	160	7%	49	16%	13	51%	11	9	0%	30%	6%	10%
NSA Chocolate Chocolate Swirl Large	227	270	10	1.5	2%	1	6%	0	0	0%	210	9%	65	22%	17	67%	15	12	0%	40%	8%	15%
NSA Vanilla Fudge Brownie Child	57	80	15	1.5	2%	1	5%	0	5	1%	60	3%	17	6%	4	15%	4	3	0%	10%	2%	2%
NSA Vanilla Fudge Brownie Junior	85	120	20	2.5	4%	1.5	8%	0	5	2%	90	4%	26	9%	6	22%	6	4	0%	15%	2%	2%
NSA Vanilla Fudge Brownie Small	114	160	30	3	5%	2	10%	0	10	3%	120	5%	34	11%	7	30%	8	6	2%	20%	4%	4%
NSA Vanilla Fudge Brownie Medium	170	240	40	4.5	7%	3	15%	0	15	4%	180	8%	51	17%	11	45%	11	9	2%	30%	6%	6%
NSA Vanilla Fudge Brownie Large	227	310	60	6	10%	4	20%	0	15	6%	240	10%	69	23%	15	60%	15	12	2%	40%	8%	8%
Peanut Butter Delight Child	57	130	50	6	9%	2.5	13%	0	10	3%	80	3%	17	6%	1	4%	12	4	2%	8%	2%	4%
Peanut Butter Delight Junior	85	200	80	9	14%	4	20%	0	10	3%	120	5%	25	8%	1	4%	18	6	2%	15%	2%	6%
Peanut Butter Delight Small	114	270	110	12	18%	5	25%	0	15	5%	160	7%	34	11%	2	8%	24	7	2%	15%	2%	8%
Peanut Butter Delight Medium	170	400	160	18	28%	8	40%	0	25	8%	240	10%	51	17%	3	12%	36	11	4%	25%	4%	10%
Peanut Butter Delight Large	227	530	220	24	37%	10	50%	0	30	10%	320	13%	68	23%	4	16%	48	15	6%	35%	6%	15%
Pralines & Cream Child	57	110	30	3.5	6%	2	9%	0	10	3%	70	3%	17	6%	0	0%	13	2	2%	10%	2%	0%
Pralines & Cream Junior	85	170	50	5	8%	2.5	13%	0	15	4%	110	5%	26	9%	0	0%	19	4	2%	15%	2%	0%
Pralines & Cream Small	114	220	60	7	11%	3.5	18%	0	20	6%	140	6%	35	12%	0	0%	25	5	4%	20%	2%	0%
Pralines & Cream Medium	170	330	100	11	17%	5	26%	0	25	9%	220	9%	52	17%	1	2%	38	7	6%	25%	4%	2%
Pralines & Cream Large	227	440	130	14	22%	7	35%	0	35	12%	290	12%	69	23%	1	3%	50	10	8%	35%	4%	2%
Psychedelic Sorbet Child	57	70	0	0	0%	0	0%	0	0	0%	10	0%	17	6%	0	0%	11	0	0%	0%	2%	0%
Psychedelic Sorbet Junior	85	100	0	0	0%	0	0%	0	0	0%	15	1%	25	8%	0	0%	16	0	0%	0%	2%	0%
Psychedelic Sorbet Small	114	130	0	0	0%	0	0%	0	0	0%	20	1%	34	11%	0	0%	21	0	0%	0%	2%	0%
Psychedelic Sorbet Medium	170	200	0	0	0%	0	0%	0	0	0%	30	1%	51	17%	0	0%	32	0	0%	0%	4%	0%
Psychedelic Sorbet Large	227	270	0	0	0%	0	0%	0	0	0%	40	2%	67	22%	0	0%	42	0	0%	0%	6%	0%


Serving sizes based on standard store procedures. Variations may occur at individual stores. Products manufactured on equipment that processes tree nuts and peanuts.



Nutritional Information

	Gram Weight (g)	Calories (kcal)	Calories from Fat (kcal)	Fat (g)	% DV Fat	Saturated Fat (g)	% DV Saturated Fat	Trans Fat (g)	Cholesterol (mg)	% DV Cholesterol	Sodium (mg)	% DV Sodium	Carbohydrates (g)	% DV Carbohydrates	Dietary Fiber (g)	% DV Dietary Fiber	Total Sugars (g)	Protein (g)	% DV Vitamin A	% DV Calcium	% DV Vitamin C	% DV Iron
Hand-Scooped Frozen Yogurt																						
Information On Daily Values Is Rounded According to FDA Guideline																						
Rainbow Cream Child	57	90	25	2.5	4%	1.5	8%	0	10	3%	45	2%	14	5%	0	0%	10	3	2%	10%	2%	0%
Rainbow Cream Junior	85	140	35	4	6%	2.5	13%	0	15	5%	70	3%	21	7%	0	0%	15	4	2%	15%	2%	0%
Rainbow Cream Small	114	180	45	5	8%	3.5	17%	0	20	6%	90	4%	29	10%	0	0%	20	5	4%	20%	2%	0%
Rainbow Cream Medium	170	270	70	8	12%	5	25%	0	30	9%	140	6%	43	14%	0	0%	30	8	6%	30%	4%	0%
Rainbow Cream Large	227	360	90	10	16%	7	34%	0	35	12%	180	8%	57	19%	0	0%	40	10	8%	40%	6%	0%
Rocky Road Child	57	130	50	6	9%	3	15%	0	15	4%	55	2%	18	6%	1	3%	11	3	2%	8%	2%	2%
Rocky Road Junior	85	200	80	9	13%	4.5	22%	0	20	6%	80	3%	27	9%	1	5%	17	4	4%	10%	2%	4%
Rocky Road Small	114	270	100	12	18%	6	29%	0	25	9%	105	4%	36	12%	2	7%	22	6	4%	15%	2%	6%
Rocky Road Medium	170	400	160	17	27%	9	44%	0	40	13%	160	7%	53	18%	3	10%	34	9	6%	25%	4%	8%
Rocky Road Large	227	530	210	23	36%	12	58%	0	50	17%	210	9%	71	24%	3	14%	45	12	10%	30%	6%	10%
Vanilla Bean Child	57	90	25	2.5	4%	1.5	8%	0	10	3%	45	2%	14	5%	0	0%	10	3	2%	10%	2%	0%
Vanilla Bean Junior	85	140	35	4	6%	2.5	13%	0	15	5%	70	3%	22	7%	0	0%	15	4	2%	15%	2%	0%
Vanilla Bean Small	114	180	45	5	8%	3.5	17%	0	20	6%	90	4%	29	10%	0	0%	20	5	4%	20%	2%	0%
Vanilla Bean Medium	170	270	70	8	12%	5	25%	0	30	9%	135	6%	43	14%	0	0%	31	8	6%	30%	4%	0%
Vanilla Bean Large	227	370	90	10	16%	7	34%	0	40	13%	180	8%	58	19%	0	0%	41	10	8%	40%	6%	0%
Vanilla Chocolate Chip Child	57	110	35	4	6%	3	15%	0	10	3%	40	2%	16	5%	0	0%	12	2	2%	10%	2%	0%
Vanilla Chocolate Chip Junior	85	160	60	6	9%	4.5	23%	0	15	4%	65	3%	24	8%	1	2%	18	4	2%	15%	2%	2%
Vanilla Chocolate Chip Small	114	220	70	8	13%	6	30%	0	20	6%	85	4%	32	11%	1	3%	24	5	4%	20%	2%	2%
Vanilla Chocolate Chip Medium	170	330	110	12	19%	9	45%	0	25	9%	125	5%	48	16%	1	5%	35	7	6%	30%	4%	2%
Vanilla Chocolate Chip Large	227	440	150	16	25%	12	60%	0	35	12%	170	7%	64	21%	2	6%	47	10	6%	35%	4%	4%
Strawberries and Cream Child	57	90	20	2	3%	1.5	8%	0	5	2%	35	1%	15	5%	0	0%	11	2	2%	8%	10%	0%
Strawberries and Cream Junior	85	130	30	3	5%	2	10%	0	10	3%	55	2%	23	8%	0	0%	17	3	2%	10%	15%	0%
Strawberries and Cream Small	114	170	35	4	6%	2.5	13%	0	15	5%	70	3%	30	10%	0	0%	23	4	2%	15%	20%	0%
Strawberries and Cream Medium	170	260	60	6	9%	4	20%	0	20	7%	110	5%	45	15%	1	4%	34	6	4%	25%	30%	2%
Strawberries and Cream Large	227	350	70	8	12%	5	25%	0	30	10%	140	6%	60	20%	1	4%	45	8	6%	30%	35%	2%
Blueberry and Cream Child	57	100	20	2	3%	1.5	8%	0	10	3%	45	2%	16	5%	0	0%	10	2	2%	8%	2%	0%
Blueberry and Cream Junior	85	150	30	3	5%	2	10%	0	10	3%	70	3%	24	8%	1	4%	15	3	2%	10%	2%	0%
Blueberry and Cream Small	114	200	40	4	6%	2.5	13%	0	15	5%	95	4%	32	11%	1	4%	21	4	4%	15%	2%	0%
Blueberry and Cream Medium	170	300	60	6	9%	4	20%	0	20	7%	140	6%	48	16%	1	4%	31	6	4%	25%	4%	0%
Blueberry and Cream Large	227	400	80	8	12%	5	25%	0	30	10%	190	8%	64	21%	1	4%	41	8	6%	30%	6%	2%

Serving sizes based on standard store procedures. Variations may occur at individual stores. Products manufactured on equipment that processes tree nuts and peanuts.

 Nutritional Information	Gram Weight (g)	Calories (kcal)	Calories from Fat (kcal)	Fat (g)	% DV Fat	Saturated Fat (g)	% DV Saturated Fat	Trans Fat (g)	Cholesterol (mg)	% DV Cholesterol	Sodium (mg)	% DV Sodium	Carbohydrates (g)	% DV Carbohydrates	Dietary Fiber (g)	% DV Dietary Fiber	Total Sugars (g)	Protein (g)	% DV Vitamin A	% DV Calcium	% DV Vitamin C	% DV Iron
	Hand-Scooped Frozen Yogurt Information On Daily Values Is Rounded According to FDA Guideline																					
Peaches and Cream Child	57	90	20	2	3%	1.5	8%	0	10	3%	35	1%	15	5%	0	0%	11	2	2%	8%	2%	4%
Peaches and Cream Junior	85	130	30	3	5%	2	10%	0	10	3%	55	2%	22	7%	0	0%	16	3	4%	10%	2%	6%
Peaches and Cream Small	114	170	40	4.5	7%	3	15%	0	15	5%	75	3%	30	10%	0	0%	22	4	4%	15%	2%	8%
Peaches and Cream Medium	170	260	60	6	9%	4	20%	0	25	8%	110	5%	44	15%	1	4%	33	6	6%	25%	4%	10%
Peaches and Cream Large	227	340	80	9	14%	6	30%	0	30	10%	150	6%	59	20%	1	4%	44	9	8%	35%	4%	15%

Serving sizes based on standard store procedures. Variations may occur at individual stores. Products manufactured on equipment that processes tree nuts and peanuts.